

## Resources

### Websites

<http://www.genderadvocates.org/links/national.html> (extensive list of trans\* advocacy & resource websites)

Teaching Tolerance ([www.tolerance.org](http://www.tolerance.org))

[www.transpeoplespeak.org](http://www.transpeoplespeak.org)

<http://transequality.org>

<http://transgenderlawcenter.org>

[www.lgbthealtheducation.org](http://www.lgbthealtheducation.org)

<http://www.transkidspurplerrainbow.org>

<http://www.transyouthequality.org>

<http://www.transyouthsupportnetwork.org>

<https://www.genderspectrum.org>

<http://www.imatyfa.org>

Transgender 101: Identity, Welcome, and Resources (<http://www.uua.org/lgbtq/identity/25348.shtml>)

[transyouthmd.wordpress.com](http://transyouthmd.wordpress.com) (provides steps and tips for legally changing one's name and gender marker)

[www.pflag.org](http://www.pflag.org)

[www.pflagmd.org](http://www.pflagmd.org)

[www.wpath.org](http://www.wpath.org) (Click on Publications for Standards of Care)

### Books

**True Selves, Understanding Transsexualism**, Mildred L. Brown and Chloe Ann Rounsley, 2010

**Transgender 101; A Simple Guide to a Complex Issue**. Nicholas M. Teich, 2012.

**Transgender Explained For Those Who Are Not**. Joanne Herman, 2009.

**Intersex in the Age of Ethics**. Alice Domurat Dreger, 1999.

**Lessons from the Intersexed**. Suzanne J. Kessler, 1998.

**Middlesex**. Jeffrey Eugenides, 2002.

**Gender Born, Gender Made**, Dianne Ehrensaft, 2011

**The Transgender Child**, Stephanie Brill and Rachel Pepper, 2008

**On the Couch with Dr. Angello, A Guide to Raising & Supporting Transgender Youth**, by Dr. Michele Angello

**Trans-Kin: A guide for Family and Friends of Transgendered People**. Elenor Hubbard and Cameron Whitley, 2012.

**Trans-Forming Families: Real Stories about Transgendered Loved Ones**. Mary Boenke (ed), 2003.

**Transitions of the Heart: Stories of Love, Struggle, and Acceptance by Mothers of Transgender and Gender Variant Children**, edited by Rachel Pepper, 2012.

**Two Sprits, One Heart: A Mother, Her Transgender Son, and Their Journey to Love and Acceptance**. Marsha Aizumi, 2012.

**Raising My Rainbow**, Lori Duron, 2013

**Coming Around. Parenting Lesbian, Gay, Bisexual and Transgender Kids**, Dohrenwend, Anne, PhD, 2012

**Now What? For Families with Trans and Gender-Nonconforming Children**, Mary Boenke, Editor, 2003

**Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered or Questioning Son or Daughter**, Jennings, Kevin, 2002

**Sexing the Body: Gender Politics and the Construction of Sexuality**. Anne Fausto-Sterling, 2000.

**My Husband Betty**. Betty Boyd, 2003.

**She's Not There**. Jennifer Finney Boylan, 2003.

**Dear Bully: Seventy Authors Tell Their Stories**, Metcalf, Dawn, 2011

**GLBTQ: The Survival Guide for Gay, Lesbian, Bisexual, Transgender and Questioning Teens**, Huegel, Kelly, 2011

The following is listed on PFLAG Howard County, [www.pflagmd.org](http://www.pflagmd.org), Edited Catherine Hyde, [cvhyde@gmail.com](mailto:cvhyde@gmail.com):

### **Children's Books**

**Be Who You Are**, Jennifer Carr, a charming children's story, written by a mom, to tell an honest and open experience of raising her trans child and how she supported her and helped the school to support her as well.

**What Makes a Baby** is a wonderful children's book that takes the "gender" out of making a baby. Sounds crazy, but it works. Check it out at [www.what-makes-a-baby.com](http://www.what-makes-a-baby.com). You'll be amazed.

**Gender Now Coloring Book**, helps you explore the many facets of gender across a variety of species with very young children: <http://www.reflectionpress.com/gendernow/coloring.html>

**My Princess Boy**, Cheryl Kilodavis, a loving nonfiction book about a young boy who likes to dress up as a princess. It asks the question, "How would you react if you see a princess boy?"

**Oliver Button is a Sissy**, Tommy dePaola, depicts the trials of a gender nonconforming boy in elementary school, and offers up an ending that might seem a bit contrived.

**Backwards Day**, by S. Bear Bergman, explores the experience of a young natal girl who feels much more like a boy and one day that dream comes true and the world sees him for the boy he is.

**The Adventures of Tulip, The Birthday Wish Fairy**, by S. Bear Bergman, is about a fairy who helps a young natal boy confidently and successfully express as the girl she knows herself to be.

**Meet Polkadot**, by Talcott Broadhead, introduces us to a non-binary trans kid and her efforts to understand her own identity. A wonderful child's book: <http://dangerdot.com/ordermeetpolkadot/>

**I Am Jazz**, by [Jessica Herthel](#) "This is an essential tool for parents and teachers to share with children whether those kids identify as trans or not. I wish I had had a book like this when I was a kid struggling with gender identity questions. I found it deeply moving in its simplicity and honesty."—Laverne Cox

### **Young Adult literature**

**Almost Perfect**, Brian Katcher, tells the story of young male teenager who falls for a trans girl, then reacts horribly when he learns her "secret," that she was born a boy. It gives a true representation of how fraught disclosure can be for young people.

**I am J**, Chris Beam, tells the story of a teenage trans boy as he struggles to understand himself and transition without a lot of family support.

**Luna**, Julie Ann Peters, told from a sister's point of view, about her natal male sibling who can only come out and be a true female self at night, in the sister's bedroom, where she can dress and express herself as the girls she knows herself to be.

**Freak Show**, James St. James, is the story of an over-the-top gender creative teen boy sent by his mom to live with dad in the south. In the end, he wins over his conservative schoolmates, for the most part.

**Parrotfish**, Ellen Whittlinger, about a teen natal girl who identifies as a boy and his struggles at home and at school while he transitions. As one reviewer on Amazon called it "refreshingly un-dire."

**How Beautiful the Ordinary**, Michael Cart, et al., 12 stories of sexual orientation and gender identity, by 12 different authors

**Jumpstart the World**, Catherine Ryan Hyde. A teen girl, out on her own, befriends and falls for a man living in her apartment building. When she learns he is trans, she faces her own preconceptions.

### **Documentaries**

**Becoming Me**, In the Life Media, [www.itlmedia.org/clips/entry/becoming-me](http://www.itlmedia.org/clips/entry/becoming-me) is a moving 29-minute look into the lives of eight trans and gender variant children (ages 4 through 24) and the journey of their families to acceptance and support of their children.

**Faces & Facets of Transgender Experience**, [www.pflagboulder.org](http://www.pflagboulder.org) is a wonderful 20-minute introduction to the lives of trans adults and trans youth and their families. Available for \$15 from PFLAG Colorado.

**Trans**, Mark Schoen and Chris Arnold, is a full-length documentary that traces the experiences of children and adults as they share their stories or navigate transition in real time. Whereas most of the stories told end happily, this movie does include a tragic ending for one young transwoman.

**Prodigal Sons**, Kimberly Reed traces her life as a New York City editor as she returns home for a high school reunion in Montana, where she had been the captain of the football team.

**Paris is Burning**, Jennie Livingston, chronicles the ball culture of New York City and the African American, Latino, gay and transgender communities involved in it. A thoughtful exploration of race, class and gender in America. A gripping film not for young children.

### **Hotlines**

Online chat:

<http://www.glnh.org>

<http://www.thetrevorproject.org>

[http://www.fenwayhealth.org/site/PageServer?pagename=FCHC\\_srv\\_services\\_tollfree](http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_srv_services_tollfree)

Phone:

National Suicide Prevention Helpline: 1-800-273-TALK

Peer Listening Line for LGBT Youth: 1-800-399-PEER

National LGBT Youth Hotline: 1-800-246-PRIDE

Gay, Lesbian, Bisexual and Transgender National Hotline: 1-888-THE-GLNH (1-888-843-4564)

The Trevor Lifeline: 866-488-7386

### **Other**

<http://www.hrc.org/files/assets/resources/Gender-expansive-youth-report-final.pdf>

Becoming Me YouTube video: <https://www.youtube.com/watch?v=IxzKIPVceWg&feature=youtu.be>

*GLSEN Safe Space Kit*, 2011 School Climate Survey, K-12 curricula (www.glsen.org)

*Supportive Families, Healthy Children*, Family Acceptance Project, San Francisco State University

[Injustice at Every Turn: A Report of the National Transgender Discrimination Survey](#) A 2011 report on a national study of discrimination faced by transgender people, conducted by the National Center for Transgender Equality and the National Gay and Lesbian Task Force.

[Action Tips for Allies of Trans People](#) A great list of ways to be an ally from Trans@MIT.

[Transformations: Transgender 101—the Dos and Don'ts](#) A 2011 article in the *San Diego Gay & Lesbian News* by Melinda Harris.

[http://www.fenwayhealth.org/site/DocServer/Handout\\_7-C\\_Glossary\\_of\\_Gender\\_and\\_Transgender\\_Terms\\_fi.pdf?docID=7081](http://www.fenwayhealth.org/site/DocServer/Handout_7-C_Glossary_of_Gender_and_Transgender_Terms_fi.pdf?docID=7081)