

## Need some tips for working with trans\* & gender non-conforming individuals?



1. Ask people their preferred gender pronoun.
2. Use the name people prefer to be called.
3. Respect that some people aren't out to everyone.
4. Get permission before asking people about their lives & identities.
5. Educate yourself often on trans\* issues.

## Want to know more?

### Contact Me!

Sean Lare, LCSW-C

www.seanlare.com  
counseling@seanlare.com  
410-689-9074



Sean Lare Counseling & Consulting  
10632 Little Paruxent Parkway  
Century Plaza 2000 Building, Suite 245  
Columbia, MD 21044

## And here are the DON'T'S

1. DON'T Ask for someone's "real name"
2. DON'T Ask about people's genitals or any body parts
3. DON'T Ask about surgery, surgery plans, or other personal medical information
4. DON'T Ask to see "before" pictures
5. DON'T Let Transphobia go unchallenged!



**Sean Lare**  
Counseling & Consulting

Sean Lare is a licensed clinical social worker with over 10 years of experience helping LGBTQ children, youth, adults, and their family members. Providing LGBTQ affirmative therapy, Sean is especially interested in helping individuals develop new identities, navigate their relationships, and the transition process, and attend to their mental health needs as they or their loved ones transition to new gender identities or expressions. Sean also provides consultation and training services focused on increasing sensitivity to LGBTQ issues.